

Subject: Y7 Personal Development

Dear parents and carers,

We are writing to inform you of the content of the Personal Development lessons that your child will be taught this half-term.

Prior to the beginning of every term, we will routinely inform you of the content of Personal Development lessons, and give you the opportunity to discuss any concerns with our PD leader, Miss Watts, Mrs Boyd, Assistant Headteacher, or Jen Mitchell, Director of Personal Development for South Bank Academy Trust.

Please see the table below for key content which will be covered in Year 7 this half-term. Each lesson builds on the last, with an enquiry question forming the basis for learning outcomes.

Year 7 PSHE: Unit 2 and 3 Careers and Citizenship	
Enquiry question	Key content
How can I accurately set goals?	<ul style="list-style-type: none"> - Use the 3Rs and the Gold Standard Learner criteria. - Reflection on own experiences and views - Awareness of the key skills required to succeed in the workplace.
What career paths are available to me? What qualifications would I need?	<ul style="list-style-type: none"> - Broad range of careers and abilities and qualities required for different careers - Broadening horizons and how to identify future careers aspirations
What career pathways are available to me?	<ul style="list-style-type: none"> - Career pathways: apprenticeships, university, training on the job, Higher Education colleges and Further Education colleges. - Skills for the workplace
What is citizenship?	<ul style="list-style-type: none"> - Introduction to the concept - What is a citizen? - What liberties do I enjoy as a UK citizen?
What is Parliament?	<ul style="list-style-type: none"> - National government's role - Relationship to the monarchy
What is local government?	<ul style="list-style-type: none"> - Local use of funding - Case study of York City Council

Please also see the link below for the school RSHE policy for further information regarding the teaching of relationships, sex and health education which will be delivered at points during the year.

[Millthorpe RSHE policy](#)

Please take time to read the policy. All content is based on guidance provided by the Department for Education, and in particular information from the PSHE Association. We also ensure that key safeguarding priorities in school are given additional focus and time as necessary.

If you have any feedback about the content of the policy, or the RSHE lessons detailed above, please complete the following online questionnaire and a member of staff will be in contact.

[RSHE policy parent survey](#)

We hope that the information included here provides you with a good understanding of the content of your child's RSHE curriculum. Please do not hesitate to provide us with any feedback should you wish.

Yours sincerely,

Millthorpe Personal Development team