

### Subject: Y9 Personal Development

Dear Parent and carers,

We are writing to inform you of the content of the Personal Development lessons that your child will be taught this half term.

Prior to the beginning of every term, we will routinely inform you of the content of Personal Development lessons, and give you the opportunity to discuss any concerns with our PD leader, Miss Watts or Miss Boyd, Assistant Headteacher.

Please see the table below for key content which will be covered in Year 9 this half term. Each lesson builds on the last, with an enquiry question forming the basis for learning outcomes.

| <b>Year 9 PSHE - Unit 4<br/>Sex and Relationships</b>  |  |
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| <b>Enquiry question</b>  | <b>Key content</b>   |
| What are the characteristics of a positive relationship and how can we best communicate our needs? | <ul style="list-style-type: none"> <li>- Features of positive,</li> <li>- Stable relationships;</li> <li>- Intimacy and consequences;</li> <li>- Right to delay intimacy;</li> <li>- Readiness for sex;</li> <li>- Consent;</li> <li>- Marriage, Civil Partnership and Cohabitation</li> </ul> |
| What are the consequences of unprotected sex?  | <ul style="list-style-type: none"> <li>- Contraception types for biological males and females;</li> <li>- Risks of unprotected sex;</li> <li>- STIs</li> </ul>   |
| What are the possible consequences of unintended pregnancy?  | <ul style="list-style-type: none"> <li>- Pregnancy choices</li> </ul>  |
| How can we recognise abuse within a relationship and what support is available?                    | <ul style="list-style-type: none"> <li>- Portrayal in the media including pornography</li> <li>- Recap on sending nudes and the law</li> </ul>   |
| How does the media and pornography influence our view of positive sexual relationships?            | <ul style="list-style-type: none"> <li>- Portrayal in the media including pornography</li> <li>- Recap on sending nudes and the law</li> </ul>   |
| What are the signs of grooming and harassment and how can we seek help?                            | <ul style="list-style-type: none"> <li>- Abusive behaviours - grooming and harassment signs (including online)</li> </ul>  |

Please also see the link below for the school RSHE policy for further information regarding the teaching of relationships, sex and health education which will be delivered at points during the year.

[Millthorpe RSHE policy](#)

Please take time to read the policy. All content is based on guidance provided by the Department for Education, and in particular information from the PSHE Association. We also ensure that key safeguarding priorities in school are given additional focus and time as necessary.

If you have any feedback about the content of the policy, or the RSHE lessons detailed above, please complete the following online questionnaire and a member of staff will be in contact.

[RSHE policy parent survey](#)

We hope that the information included here provides you with a good understanding of the content of your child's RSHE curriculum. Please do not hesitate to provide us with any feedback should you wish.

Yours sincerely,

***Millthorpe Personal Development team***