

Year 7 Programme of study

Week	W/C		7Y - Group Boys (RBE/MNI) 7X - Group Boys (MNI)		7Y - Group Boys (DRA) 7X - Group Boys (DRA)		7Y - Group Girls (SWA) 7X - Group Girls (SWA)		7Y - Group Girls (ELA/VAR) 7X - Group Girls (ELA/VAR)	
			Sport	Venue/Kit	Sport	Venue/Kit	Sport	Venue/Kit	Sport	Venue/Kit
1	2/9	Intro	Team building/HRF	Sports Hall/Indoor	Team building/HRF	Gym/Indoor	Team building/HRF	Sports Hall/Outdoor	Team building/HRF	Gym/Outdoor
2	9/9	Block 1	Badminton	Sports Hall/Indoor	Gymnastics	Gym/Indoor	Netball	Sports Hall/Outdoor	Football	Gym/Outdoor
3	16/9		Badminton	Sports Hall/Indoor	Gymnastics	Gym/Indoor	Netball	Sports Hall/Outdoor	Football	Gym/Outdoor
4	23/9		Badminton	Sports Hall/Indoor	Gymnastics	Gym/Indoor	Netball	Sports Hall/Outdoor	Football	Gym/Outdoor
5	30/9		Badminton	Sports Hall/Indoor	Gymnastics	Gym/Indoor	Netball	Sports Hall/Outdoor	Football	Gym/Outdoor
6	7/10	Block 2	Gymnastics	Gym/Indoor	Badminton	Sports Hall/Indoor	Football	Gym/Outdoor	Netball	Sports Hall/Outdoor
7	14/10		Gymnastics	Gym/Indoor	Badminton	Sports Hall/Indoor	Football	Gym/Outdoor	Netball	Sports Hall/Outdoor
8	21/10		Gymnastics	Gym/Indoor	Badminton	Sports Hall/Indoor	Football	Gym/Outdoor	Netball	Sports Hall/Outdoor
Half Term										
9	4/11		Gymnastics	Gym/Indoor	Badminton	Sports Hall/Indoor	Football	Gym/Outdoor	Netball	Sports Hall/Outdoor
10	11/11	Block 3	Football	Gym/Outdoor	Rugby	Sports Hall/Outdoor	Basketball	Sports Hall/Indoor	Gymnastics	Gym/Indoor
11	18/11		Football	Gym/Outdoor	Rugby	Sports Hall/Outdoor	Basketball	Sports Hall/Indoor	Gymnastics	Gym/Indoor
12	25/11		Football	Gym/Outdoor	Rugby	Sports Hall/Outdoor	Basketball	Sports Hall/Indoor	Gymnastics	Gym/Indoor
13	2/12		Football	Gym/Outdoor	Rugby	Sports Hall/Outdoor	Basketball	Sports Hall/Indoor	Gymnastics	Gym/Indoor
14	9/12	Block 4	Rugby	Sports Hall/Outdoor	Football	Gym/Outdoor	Gymnastics	Gym/Indoor	Basketball	Sports Hall/Indoor
15	16/12		Rugby	Sports Hall/Outdoor	Football	Gym/Outdoor	Gymnastics	Gym/Indoor	Basketball	Sports Hall/Indoor
Xmas										
16	6/1		Rugby	Sports Hall/Outdoor	Football	Gym/Outdoor	Gymnastics	Gym/Indoor	Basketball	Sports Hall/Indoor
17	13/1		Rugby	Sports Hall/Outdoor	Football	Gym/Outdoor	Gymnastics	Gym/Indoor	Basketball	Sports Hall/Indoor
18	20/1	Block 5	Handball	Gym/Outdoor	Basketball	Sports Hall/Indoor	Rugby	Sports Hall/Outdoor	Dance	Gym/Indoor
19	27/1		Handball	Gym/Outdoor	Basketball	Sports Hall/Indoor	Rugby	Sports Hall/Outdoor	Dance	Gym/Indoor
20	3/2		Handball	Gym/Outdoor	Basketball	Sports Hall/Indoor	Handball	Sports Hall/Outdoor	Dance	Gym/Indoor
Half Term										
21	17/2		Handball	Gym/Outdoor	Basketball	Sports Hall/Indoor	Handball	Sports Hall/Outdoor	Dance	Gym/Indoor
22	24/2	Block 6	Basketball	Sports Hall/Indoor	Handball	Gym/Outdoor	Dance	Gym/Indoor	Rugby	Sports Hall/Outdoor
23	3/3		Basketball	Sports Hall/Indoor	Handball	Gym/Outdoor	Dance	Gym/Indoor	Rugby	Sports Hall/Outdoor
24	10/3		Basketball	Sports Hall/Indoor	Handball	Gym/Outdoor	Dance	Gym/Indoor	Handball	Sports Hall/Outdoor
25	17/3		Basketball	Sports Hall/Indoor	Handball	Gym/Outdoor	Dance	Gym/Indoor	Handball	Sports Hall/Outdoor
Easter										
26	7/4	Block 7	Athletics	Sports Hall/Indoor	Athletics	Gym/Indoor	Athletics	Gym/Indoor	Tennis	Sports Hall/Indoor
27	14/4		Athletics	Sports Hall/Indoor	Athletics	Gym/Indoor	Athletics	Gym/Indoor	Tennis	Sports Hall/Indoor
28	21/4		Athletics	Sports Hall/Indoor	Athletics	Gym/Indoor	Athletics	Gym/Indoor	Tennis	Sports Hall/Indoor
29	28/4		Athletics	Sports Hall/Indoor	Athletics	Gym/Indoor	Athletics	Gym/Indoor	Tennis	Sports Hall/Indoor
30	5/5	Block 8	Tennis	Sports Hall/Indoor	Cricket	Gym/Indoor/Boots	Rounders	Gym/Indoor	Athletics	Sports Hall/Indoor
31	12/5		Tennis	Sports Hall/Indoor	Cricket	Gym/Indoor/Boots	Rounders	Gym/Indoor	Athletics	Sports Hall/Indoor
32	19/5		Tennis	Sports Hall/Indoor	Cricket	Gym/Indoor/Boots	Rounders	Gym/Indoor	Athletics	Sports Hall/Indoor
Half Term										Sports Hall/Indoor
33	2/6		Tennis	Sports Hall/Indoor	Cricket	Gym/Indoor/Boots	Rounders	Gym/Indoor	Athletics	
34	9/6	Block 9	Softball	Gym/Indoor	Tennis	Sports Hall/Indoor	Cricket	Sports Hall/Indoor	Rounders	Gym/Indoor
35	16/6		Softball	Gym/Indoor	Tennis	Sports Hall/Indoor	Cricket	Sports Hall/Indoor	Rounders	Gym/Indoor
36	23/6		Softball	Gym/Indoor	Tennis	Sports Hall/Indoor	Cricket	Sports Hall/Indoor	Rounders	Gym/Indoor
37	30/6	Block 10	Cricket	Gym/Indoor/Boots	Softball	Sports Hall/Indoor	Tennis/Short Tennis	Sports Hall/Indoor	Cricket	Gym/Indoor
38	7/7		Cricket	Gym/Indoor/Boots	Softball	Sports Hall/Indoor	Tennis/Short Tennis	Sports Hall/Indoor	Cricket	Gym/Indoor
39	14/7		Cricket	Gym/Indoor/Boots	Softball	Sports Hall/Indoor	Tennis/Short Tennis	Sports Hall/Indoor	Cricket	Gym/Indoor
Health and Fitness Activities										
Team Games - Invasion and outwitting opponents										
Strike and Field Activity										
Individual Game - Outwitting opponents										
Performance Activity - Creative movement										
Individual Competitive Activity										