

## Year 9 Programme of study

		9Y-Group Boys (MNI) 9X - Group Boys (MNI)		9Y-Group Boys (DRA) 9X-Group Boys (DRA)		9Y - Group Girls (SWA) 9X - Group Girls (SWA)		9Y - Group Girls (VAR) 9X - Group Girls (VAR)		
Week	W/C	Sport	Venue/Kit	Sport	Venue/Kit	Sport	Venue/Kit	Sport	Venue/Kit	
1	2/9	Intro	Team building/HRF	Sports Hall/Indoor	Team building/HRF	Gym/Indoor	Team building/HRF	Sports Hall/Outdoor	Team building/HRF	Gym/Outdoor
2	9/9	Block 1	Badminton	Sports Hall/Indoor	Volleyball	Gym/Indoor	Netball	Sports Hall/Outdoor	Handball	Gym/Outdoor
3	16/9		Badminton	Sports Hall/Indoor	Volleyball	Gym/Indoor	Netball	Sports Hall/Outdoor	Handball	Gym/Outdoor
4	23/9		Badminton	Sports Hall/Indoor	Volleyball	Gym/Indoor	Netball	Sports Hall/Outdoor	Handball	Gym/Outdoor
5	30/9		Badminton	Sports Hall/Indoor	Volleyball	Gym/Indoor	Netball	Sports Hall/Outdoor	Handball	Gym/Outdoor
6	7/10	Block 2	Volleyball	Gym/Indoor	Badminton	Sports Hall/Indoor	Handball	Gym/Outdoor	Football	Sports Hall/Outdoor
7	14/10		Volleyball	Gym/Indoor	Badminton	Sports Hall/Indoor	Handball	Gym/Outdoor	Football	Sports Hall/Outdoor
8	21/10		Volleyball	Gym/Indoor	Badminton	Sports Hall/Indoor	Handball	Gym/Outdoor	Football	Sports Hall/Outdoor
Half Term										
9	4/11		Volleyball	Gym/Indoor	Badminton	Sports Hall/Indoor	Handball	Gym/Outdoor	Football	Sports Hall/Outdoor
10	11/11	Block 3	Football	Gym/Outdoor	Rugby	Sports Hall/Outdoor	Volleyball	Sports Hall/Indoor	Cheerleading	Gym/Indoor
11	18/11		Football	Gym/Outdoor	Rugby	Sports Hall/Outdoor	Volleyball	Sports Hall/Indoor	Cheerleading	Gym/Indoor
12	25/11		Football	Gym/Outdoor	Rugby	Sports Hall/Outdoor	Volleyball	Sports Hall/Indoor	Cheerleading	Gym/Indoor
13	2/12		Football	Gym/Outdoor	Rugby	Sports Hall/Outdoor	Volleyball	Sports Hall/Indoor	Cheerleading	Gym/Indoor
14	9/12	Block 4	Rugby	Sports Hall/Outdoor	Football	Gym/Outdoor	Cheerleading	Gym/Indoor	Volleyball	Sports Hall/Indoor
15	16/12		Rugby	Sports Hall/Outdoor	Football	Gym/Outdoor	Cheerleading	Gym/Indoor	Volleyball	Sports Hall/Indoor
Xmas										
16	6/1		Rugby	Sports Hall/Outdoor	Football	Gym/Outdoor	Cheerleading	Gym/Indoor	Volleyball	Sports Hall/Indoor
17	13/1		Rugby	Sports Hall/Outdoor	Football	Gym/Outdoor	Cheerleading	Gym/Indoor	Volleyball	Sports Hall/Indoor
18	20/1	Block 5	Handball	Gym/Outdoor	Basketball	Sports Hall/Indoor	Football	Sports Hall/Outdoor	Fitness	Gym/Indoor
19	27/1		Handball	Gym/Outdoor	Basketball	Sports Hall/Indoor	Football	Sports Hall/Outdoor	Fitness	Gym/Indoor
20	3/2		Handball	Gym/Outdoor	Basketball	Sports Hall/Indoor	Football	Sports Hall/Outdoor	Fitness	Gym/Indoor
Half Term										
21	17/2		Handball	Gym/Outdoor	Basketball	Sports Hall/Indoor	Football	Sports Hall/Outdoor	Fitness	Gym/Indoor
22	24/2	Block 6	Basketball	Sports Hall/Indoor	Handball	Gym/Outdoor	Fitness	Gym/Indoor	Netball	Sports Hall/Outdoor
23	3/3		Basketball	Sports Hall/Indoor	Handball	Gym/Outdoor	Fitness	Gym/Indoor	Netball	Sports Hall/Outdoor
24	10/3		Basketball	Sports Hall/Indoor	Handball	Gym/Outdoor	Fitness	Gym/Indoor	Netball	Sports Hall/Outdoor
25	17/3		Basketball	Sports Hall/Indoor	Handball	Gym/Outdoor	Fitness	Gym/Indoor	Netball	Sports Hall/Outdoor
Easter	7/4									
26	14/4	Block 7	Athletics	Sports Hall/Indoor	Athletics	Gym/Indoor	Athletics	Gym/Indoor	Tennis	Sports Hall/Indoor
27	21/4		Athletics	Sports Hall/Indoor	Athletics	Gym/Indoor	Athletics	Gym/Indoor	Tennis	Sports Hall/Indoor
28	28/4		Athletics	Sports Hall/Indoor	Athletics	Gym/Indoor	Athletics	Gym/Indoor	Tennis	Sports Hall/Indoor
29			Athletics	Sports Hall/Indoor	Athletics	Gym/Indoor	Athletics	Gym/Indoor	Tennis	Sports Hall/Indoor
30	12/5	Block 8	Tennis	Sports Hall/Indoor	Cricket	Gym/Indoor/Boots	Rounders	Gym/Indoor	Athletics	Sports Hall/Indoor
31	19/5		Tennis	Sports Hall/Indoor	Cricket	Gym/Indoor/Boots	Rounders	Gym/Indoor	Athletics	Sports Hall/Indoor
32			Tennis	Sports Hall/Indoor	Cricket	Gym/Indoor/Boots	Rounders	Gym/Indoor	Athletics	Sports Hall/Indoor
Half Term	2/6									
33			Tennis	Sports Hall/Indoor	Cricket	Gym/Indoor/Boots	Rounders	Gym/Indoor	Athletics	Sports Hall/Indoor
34	16/6	Block 9	Softball	Gym/Indoor	Tennis	Sports Hall/Indoor	Cricket	Sports Hall/Indoor	Cricket	Gym/Indoor
35	23/6		Softball	Gym/Indoor	Tennis	Sports Hall/Indoor	Cricket	Sports Hall/Indoor	Cricket	Gym/Indoor
36			Softball	Gym/Indoor	Tennis	Sports Hall/Indoor	Cricket	Sports Hall/Indoor	Cricket	Gym/Indoor
37	7/7			Cricket	Gym/Indoor/Boots	Softball	Sports Hall/Indoor	Tennis	Sports Hall/Indoor	Rounders
38	14/7	Block 10	Cricket	Gym/Indoor/Boots	Softball	Sports Hall/Indoor	Tennis	Sports Hall/Indoor	Rounders	Gym/Indoor
39			Cricket	Gym/Indoor/Boots	Softball	Sports Hall/Indoor	Tennis	Sports Hall/Indoor	Rounders	Gym/Indoor
Health and Fitness Activities										
Team Games - Invasion and outwitting opponents										
Strike and Field Activity										
Individual Game - Outwitting opponents										
Performance Activity - Creative movement										
Individual Competitive Activity										