

YEAR 9 RESIDENTIAL TO CARLTON LODGE

16-18 JUNE 2025

Travel Arrangements

Monday 16 June

09.00am Students and staff will meet at the Knavesmire Road pick up point (Racecourse end). Please be prompt. Students will be registered by staff who will direct them onto their designated coach.

09.15am Coaches depart for Carlton Lodge.

Wednesday 18 June

2.15pm (approx) Arrive back to Knavesmire Road - Students can go home at this point; please make arrangements for students to be picked up/collected or to make their own way home if agreed.

Carlton Lodge Address and Contact Details

Carlton Lodge
Carlton Miniott
Thirsk
YO7 4NJ

01845 522 145 - (Please use this number only in a genuine emergency)

Eating Arrangements

The first meal provided for the students will be Monday tea and therefore Students are required to **bring a packed lunch for their Monday lunch**. All subsequent meals will be provided by Carlton Lodge. Breakfast will be a selection of hot and cold food, lunch will be sandwiches/pack-up and for evening meals the students will have a choice of hot food. The last meal provided by the centre will be Wednesday lunch.

Students are allowed to bring snacks of their own choosing/drinks if they wish, but please note, these must be **nut free**. These will be consumed in students' free time, not at meal times. We ask students to be sensible in the type and quantity of food and drink they bring with them.

Mobile Telephones

We recommend that students do not bring any expensive electronic items on the trip. The school or centre cannot be held responsible for any such items going missing or being damaged. Students will not be allowed to use their phones during any activity sessions. We do appreciate that some students are very attached to their phones and as a consequence students can bring them, at their own risk. There is no Wi-Fi access at Carlton Lodge.

Clothing Requirements

To ensure the comfort and safety of your child during activity sessions, we recommend that they bring the following kit:

- Warm jumpers/fleeces
- Old Jogging bottoms for water sports x 2
- Jogging bottoms/leggings
- Shorts
- Plenty of T Shirts
- Plenty of spare socks and underwear
- Hat
- A small rucksack
- Waterproof jacket
- Waterproof trousers (depending on weather)
- 1 towel for showering
- 1 old towel for water sports
- 1 old pair of trainers for water sports (These will get wet!)
- 1 pair of trainers for dry activities
- Hair bobbles if appropriate
- Black bin liner labelled with name for wet clothes
- Sunscreen and insect repellent

Jeans are not recommended for activities due to poor thermal properties. Crop tops and short shorts are not suitable for activities involving safety harnesses, so are best avoided.

The centre has drying rooms and any wet clothing can be placed in them. Therefore, to avoid any confusion, it is recommended that clothing is labelled.

Campers

Carlton Lodge provides campers with a sleeping bag and pillow so a light sleeping mat is recommended (contact school if you would like to borrow one). You may also wish to bring your own sleeping bag and/or a blanket, plus a torch and ear defenders if you are a light sleeper. Note that these are optional and not compulsory.

Rules for a safe and enjoyable trip:

We want our students to have an enjoyable experience at Carlton Lodge and we expect students to adhere to the expectations of the staff responsible for their safety and wellbeing. This includes the Carlton Lodge staff as well as the Millthorpe staff. If students choose not to cooperate with the adults responsible for them, sanctions will be used. We reserve the right to ask parents to come to Carlton Lodge to collect their child if they do not respect the rules put in place for a safe and successful trip.

- Students are to respect their activity leaders' expectations of them and follow their rules, which are in place to keep all children safe.
- Students need to be considerate towards their fellow students, cooperating and forging positive relationships.
- Students need to be punctual, making sure that they are where they need to be at the appropriate times.
- Students are not to leave the centre at any time unless directed to do so by staff members.
- Students are not to go on any of the centre activity areas during any free time.
- At no time are boys allowed to go into the girls' dormitories/tents or vice versa.
- All students should be in their own dormitories/tents and settled at their given time (i.e. talking should not be audible from other rooms).
- As in school, smoking/vaping is not allowed on the trip. Anyone found smoking/vaping will be dealt with accordingly.
- Mobile phones must be out of sight and turned off during activities, meal times and when students are under instruction.
- Alcohol must not be taken on the trip by anyone. Anyone found to have brought, bought or consumed alcohol will be sent home immediately.

Please note that, whilst we will encourage students to challenge themselves, we never force a student to undertake an activity that they do not feel comfortable in doing.

Thank you for taking the time to read this information. If you have any questions please feel free to contact us at school via email or telephone.

Best wishes

Mr Collins and Mrs Pennington
Millthorpe School

For general enquiries, please contact the school office in the first instance on 01904 686400

Emergency numbers - please only use in a genuine emergency

Carlton Lodge: 01845 522 145

Mr Collins' work mobile: 07534435515

Mrs Pennington's work mobile: 07923206155

Email: a.collins@millthorpe.elc.org.uk
v.pennington@millthorpe.elc.org.uk